

**SOUTHERN PACIFIC MASTERS RECORDS
SHORT COURSE YARDS**

As of 10/2/23

WOMEN					50 Free	MEN				
Kara Denby	CSAM	22.96	4/18/10	18-24	50 Free	Forrest Beesley	LVM	20.21	4/25/19	18-24
Katarzyna Wilk	LVM	22.00	4/25/19	25-29	50 Free	Tony Cox	GRA	20.16	3/19/17	25-29
Peggy Gross	SAM	23.11	2000	30-34	50 Free	Vladimir Morozov	GRA	19.53	4/27/23	30-34
Gabrielle Chang	SBM	23.82	4/27/17	35-39	50 Free	Bruce Stahl	VEN	20.76	5/13/94	35-39
Sarah Condor-Fisher	MACS	25.22	4/23/15	40-44	50 Free	Mario Marshall	GRA	21.18	4/27/23	40-44
Gabrielle Rose	SBM	28.43	4/27/23	45-49	50 Free	Matthew Biondi	CVMM	21.43	5/1/14	45-49
Traci Granger	LAPS	24.92	5/1/08	50-54	50 Free	Peter Moore	NOVA	21.179	4/16/23	50-54
Traci Granger	LAPS	25.62	5/9/13	55-59	50 Free	Bryant Lum	VCM	22.88	4/27/17	55-59
Traci Granger	LAPS	26.29	4/25/19	60-64	50 Free	Jeff Farrell	OSB	23.28	5/15/97	60-64
Veronica Hibben	NOVA	27.71	3/20/22	65-69	50 Free	Jeff Farrell	OSB	23.66	5/14/02	65-69
Beverly Montrella	MVN	31.79	5/10/18	70-74	50 Free	Jeff Farrell	SBM	24.13	5/1/08	70-74
Beverly Montrella	MVN	33.68	4/27/23	75-79	50 Free	Jeff Farrell	SBM	25.58	3/4/12	75-79
Rita Simonton	GWSC	41.63	3/21/99	80-84	50 Free	Jeff Farrell	SBM	28.68	4/27/17	80-84
Rita Simonton	GWSC	45.84	4/30/04	85-89	50 Free	Jeff Farrell	SBM	31.04	5/15/22	85-89
Rita Simonton	LOST	52.19	3/29/09	90-94	50 Free	Woody Bowersock	CM	35.96	9/21/03	90-94
Maurine Kornfeld	ROSE	1:00.09	4/27/17	95-99	50 Free					95-99
Maurine Kornfeld	ROSE	2:48.40	4/16/23	100-104	50 Free					100-104

WOMEN					100 Free	MEN				
Kara Denby	CSAM	49.85	4/18/10	18-24	100 Free	Sean Kao	FMT	45.20	4/25/19	18-24
Katarzyna Wilk	LVM	48.58	5/10/18	25-29	100 Free	Dimitri Colupaev	GRA	44.18	4/27/17	25-29
Sandy Neilson	WSM	51.70	1986	30-34	100 Free	Simon Burnett	ROSE	44.42	4/27/17	30-34
Diane Graner-Gallas	SLUG	53.05	5/13/99	35-39	100 Free	Glenn Counts	LVM	45.75	4/23/15	35-39
Bonnie Adair	SCAQ	55.28	5/20/93	40-44	100 Free	Markus Rogan	UCLA	45.89	4/27/23	40-44
Gabrielle Rose	SBM	51.26	3/12/23	45-49	100 Free	Nicolas Granger	ROSE	46.21	4/23/15	45-49
Traci Granger	LAPS	56.35	5/7/09	50-54	100 Free	Peter Moore	NOVA	49.16	4/27/23	50-54
Veronica Hibben	UCLA	57.67	5/1/14	55-59	100 Free	Bryant Lum	VCM	50.98	4/27/17	55-59
Veronica Hibben	UCLA	58.31	4/27/17	60-64	100 Free	Dan Stephenson	ROSE	51.75	5/10/18	60-64
Veronica Hibben	NOVA	59.30	3/20/22	65-69	100 Free	Dan Stephenson	ROSE	52.67	4/28/22	65-69
Jeanne Little	MVN	1:15.85	5/7/10	70-74	100 Free	Jeff Farrell	SBM	56.05	5/1/08	70-74
Beverly Montrella	MVN	1:18.05	4/27/23	75-79	100 Free	Mike Freshley	ROSE	1:00.38	4/8/17	75-79
Rita Simonton	GWSC	1:30.49	5/13/99	80-84	100 Free	Jeff Farrell	SBM	1:05.36	4/27/17	80-84
Rita Simonton	GWSC	1:41.38	4/22/04	85-89	100 Free	Frank Piemme	LOST	1:10.92	4/18/10	85-89
Rita Simonton	LOST	1:50.37	4/24/09	90-94	100 Free	Woody Bowersock	CM	1:27.10	2004	90-94
Maurine Kornfeld	ROSE	2:04.52	4/27/17	95-99	100 Free					95-99
Maurine Kornfeld	ROSE	2:48.40	3/12/23	100-104	100 Free					100-104

WOMEN					200 Free	MEN				
Briana Emig	LVM	1:55.64	5/1/14	18-24	200 Free	Forrest Beesley	LVM	1:38.62	4/25/19	18-24
Katarzyna Wilk	LVM	1:50.18	5/10/18	25-29	200 Free	Grant Shoults	MVN	1:36.96	4/27/23	25-29
Dawn Heckman	ROSE	1:50.13	4/14/12	30-34	200 Free	Simon Burnett	ROSE	1:36.99	4/27/17	30-34
Gabrielle Chang	SBM	1:52.17	4/27/17	35-39	200 Free	Erik Hochstein	UC33	1:41.01	3/21/04	35-39
Amy Collins	NOVA	2:00.60	4/14/12	40-44	200 Free	Markus Rogan	UCLA	1:41.43	4/27/23	40-44
Gabrielle Rose	SBM	1:52.97	3/12/23	45-49	200 Free	Rich Saeger	UC33	1:43.25	5/7/10	45-49
Ahelee Sue Osborn	MVN	2:01.69	5/7/09	50-54	200 Free	Jim McConica	VCM	1:47.69	5/17/01	50-54
Kim O'Grady	ROSE	2:07.99	3/17/19	55-59	200 Free	Jim McConica	VCM	1:50.85	5/11/06	55-59
Stacey Warmuth	VCM	2:09.07	4/27/17	60-64	200 Free	Dan Stephenson	ROSE	1:53.47	5/10/18	60-64
Veronica Hibben	NOVA	2:14.90	3/20/22	65-69	200 Free	Dan Stephenson	ROSE	1:55.97	4/28/22	65-69
Beverly Montrella	MVN	2:48.17	4/27/18	70-74	200 Free	Jeff Farrell	SBM	2:10.25	5/17/07	70-74
Beverly Montrella	MVN	2:45.93	1/29/23	75-79	200 Free	Mike Freshley	ROSE	2:21.03	5/22/16	75-79
Rita Simonton	GWSC	3:14.68	5/13/99	80-84	200 Free	Frank Piemme	SBM	2:38.33	4/22/05	80-84
Rita Simonton	GWSC	3:39.73	4/22/04	85-89	200 Free	Frank Piemme	LOST	2:50.54	5/7/10	85-89
Rita Simonton	LOST	3:59.22	5/7/09	90-94	200 Free	Jurgen Schmidt	MVN	3:35.98	5/9/13	90-94
Maurine Kornfeld	ROSE	4:28.70	4/27/18	95-99	200 Free					95-99
				100-104	200 Free					100-104

SOUTHERN PACIFIC MASTERS RECORDS
SHORT COURSE YARDS
As of 10/2/23

WOMEN					500 Free	MEN				
Briana Emig	LVM	5:08.84	5/1/14	18-24	500 Free	Nikita Bondarenko	WH2O	4:33.63	4/25/19	18-24
Becca Mann	WH2O	4:56.26	4/27/23	25-29	500 Free	Grant Shoultz	MVN	4:21.19	4/27/23	25-29
Dawn Heckman	ROSE	4:46.92	4/14/12	30-34	500 Free	Max Jaben	GRA	4:35.41	4/16/16	30-34
Laurie Dodd	UCLA	5:10.49	5/5/07	35-39	500 Free	Mike Shaffer	VCM	4:37.50	5/14/02	35-39
Amy Dantzler	WH2O	5:21.31	5/17/07	40-44	500 Free	Mike Shaffer	VCM	4:41.87	5/7/09	40-44
Laurie Dodd	UCLA	5:24.34	1/13/19	45-49	500 Free	Jim McConica	VCM	4:46.63	4/27/00	45-49
Laurie Zieger Dodd	WH2O	5:32.62	4/6/22	50-54	500 Free	Jim McConica	VCM	4:47.57	5/17/01	50-54
Emily Odgers	NOVA	5:43.85	4/27/23	55-59	500 Free	Jim McConica	VCM	4:57.82	5/17/07	55-59
Bonnie Spivey	LAPS	5:50.69	4/25/19	60-64	500 Free	Jim McConica	VCM	5:11.17	4/26/12	60-64
Christie Ciraulo	UCLA	6:16.45	4/25/19	65-69	500 Free	Dan Stephenson	ROSE	5:19.96	4/28/22	65-69
Beverly Montrella	MVN	7:26.94	5/10/18	70-74	500 Free	Dick Stewart	MVN	5:58.79	4/25/10	70-74
Beverly Montrella	MVN	7:51.12	3/12/23	75-79	500 Free	Mike Freshley	ROSE	6:29.51	9/8/16	75-79
Rita Simonton	GWSC	8:40.31	4/3/99	80-84	500 Free	Frank Piemme	SBM	7:17.43	4/22/05	80-84
Rita Simonton	GWSC	9:37.91	2/14/04	85-89	500 Free	Frank Piemme	LOST	7:54.01	5/7/10	85-89
Rita Simonton	LOST	10:22.61	5/7/09	90-94	500 Free	Jurgen Schmidt	MVN	9:37.96	3/17/13	90-94
Maurine Kornfeld	ROSE	11:45.41	4/27/17	95-99	500 Free					95-99
				100-104	500 Free					100-104

WOMEN					1000 Free	MEN				
Danica Adams	ROSE	10:43.09	3/12/23	18-24	1000 Free	Matthew McDermott	NOVA	9:40.91	4/27/23	18-24
Dawn Heckman	WH2O	10:06.51	2003	25-29	1000 Free	Grant Shoultz	MVN	9:03.99	4/27/23	25-29
Dawn Heckman	ROSE	9:51.93	4/14/12	30-34	1000 Free	Alex Kostich	SCAQ	9:31.68	4/21/01	30-34
Diane Graner-Gallas	SLUG	10:25.07	5/17/01	35-39	1000 Free	Mike Shaffer	VCM	9:31.89	5/14/02	35-39
Amy Dantzler	WH2O	10:56.63	5/7/09	40-44	1000 Free	Mike Shaffer	VCM	9:44.36	5/7/09	40-44
Laurie Dodd	UCLA	11:00.65	3/17/19	45-49	1000 Free	Randy Eickhoff	SCA	10:04.01	4/28/11	45-49
Laurie Zieger Dodd	WH2O	11:08.85	4/6/22	50-54	1000 Free	Jim McConica	VCM	9:57.78	5/14/02	50-54
Kari Jauch	LVM	11:48.32	4/27/23	55-59	1000 Free	Jim McConica	VCM	10:07.36	5/11/06	55-59
Stacey Warmuth	VCM	11:53.18	4/27/17	60-64	1000 Free	Jim McConica	VCM	10:47.42	5/13/11	60-64
Carolyn Battin	LVM	12:36.94	4/25/19	65-69	1000 Free	Doug Kajiwara	CVMM	11:08.83	4/6/22	65-69
Beverly Montrella	MVN	15:13.25	4/27/18	70-74	1000 Free	Dick Stewart	MVN	12:19.89	4/11/08	70-74
Beverly Montrella	MVN	16:00.74	1/29/23	75-79	1000 Free	Mike Freshley	ROSE	13:52.11	4/14/16	75-79
Rita Simonton	GWSC	17:51.67	5/13/99	80-84	1000 Free	Frank Piemme	SBM	15:32.75	4/9/05	80-84
Rita Simonton	GWSC	19:34.16	2004	85-89	1000 Free	Frank Piemme	LOST	16:28.80	5/7/10	85-89
Rita Simonton	LOST	21:20.93	4/24/09	90-94	1000 Free	Jurgen Schmidt	MVN	20:24.73	5/9/13	90-94
Maurine Kornfeld	ROSE	23:57.82	4/27/17	95-99	1000 Free					95-99
				100-104	1000 Free					100-104

WOMEN					1650 Free	MEN				
Laurel Hooper	NOVA	18:30.36	5/2/98	18-24	1650 Free	Alan Peterson	SLOM	16:18.46	4/27/18	18-24
Dawn Heckman	WH2O	16:56.43	2003	25-29	1650 Free	Alex Kostich	SCAQ	15:44.70	5/2/98	25-29
Margaret Mason	CLVM	18:07.81	5/15/03	30-34	1650 Free	Alex Kostich	SCAQ	16:01.50	4/21/01	30-34
Laurie Dodd	UCLA	17:59.24	5/17/07	35-39	1650 Free	Mike Shaffer	VCM	15:56.73	5/17/01	35-39
Amy Dantzler	WH2O	18:14.27	5/1/08	40-44	1650 Free	Mike Shaffer	VCM	16:07.44	5/7/09	40-44
Laurie Dodd	UCLA	18:26.01	4/7/19	45-49	1650 Free	Jim McConica	VCM	16:44.67	4/27/00	45-49
Laurie Zieger Dodd	WH2O	18:44.81	4/6/22	50-54	1650 Free	Jim McConica	VCM	16:42.07	5/17/01	50-54
Kim O'Grady	ROSE	19:32.89	3/17/19	55-59	1650 Free	Jim McConica	VCM	17:11.12	5/17/07	55-59
Bonnie Spivey	LAPS	19:55.05	3/17/19	60-64	1650 Free	Andrew Bray	UC33	17:48.66	2/9/19	60-64
Christie Ciraulo	WH2O	20:52.01	04/27/23	65-69	1650 Free	Doug Kajiwara	CVMM	18:48.76	5/15/22	65-69
Beverly Montrella	MVN	25:26.15	4/2/17	70-74	1650 Free	Dick Stewart	MVN	22:28.37	2/20/11	70-74
Beverly Montrella	MVN	26:31.78	01/29/23	75-79	1650 Free	Frank Piemme	OSB	23:29.79	2000	75-79
Rita Simonton	GWSC	30:00.58	5/1/99	80-84	1650 Free	Frank Piemme	SBM	26:01.94	4/9/05	80-84
Rita Simonton	GWSC	32:25.66	4/30/04	85-89	1650 Free	Frank Piemme	LOST	27:48.74	3/20/10	85-89
Rita Simonton	LOST	35:22.28	2/22/09	90-94	1650 Free	Jurgen Schmidt	MVN	34:09.33	5/9/13	90-94
				95-99	1650 Free					95-99
				100-104	1650 Free					100-104

SOUTHERN PACIFIC MASTERS RECORDS
SHORT COURSE YARDS
As of 10/2/23

WOMEN					50 Back	MEN				
Meghan Hawthorne	TSST	27.32	3/29/15	18-24	50 Back	Artem Selin	GRA	22.37	4/27/23	18-24
Mary Edwards	SLUG	25.98	5/13/99	25-29	50 Back	Tony Cox	GRA	21.60	4/16/16	25-29
Diane Graner-Gallas	SLUG	27.14	5/15/97	30-34	50 Back	Ryan Lochte	GRA	21.73	4/27/17	30-34
Diane Graner-Gallas	SLUG	27.32	5/13/99	35-39	50 Back	Jeff Natalizio	NOVA	22.62	4/27/17	35-39
Gretchen Caterson	SCA	28.36	4/28/11	40-44	50 Back	Jeff Natalizio	NOVA	23.50	4/1/23	40-44
Gretchen Caterson	SCA	28.44	5/9/13	45-49	50 Back	Nicolas Granger	ROSE	24.57	4/23/15	45-49
Ahelee Sue Osborn	MVN	30.43	5/7/09	50-54	50 Back	Mike Irvin	RAA	25.32	4/27/17	50-54
Jelena Kunovac	TRB	30.56	7/21/21	55-59	50 Back	Bryant Lum	VCM	27.80	4/27/17	55-59
Stacey Warmuth	VCM	31.75	4/27/17	60-64	50 Back	Peter O'Keeffe	UCLA	28.39	4/26/12	60-64
Mindy Dougherty	MVN	34.17	5/10/18	65-69	50 Back	Bruce Williams	VCM	28.70	4/25/19	65-69
Beverly Montrella	MVN	39.48	5/10/18	70-74	50 Back	Jeff Farrell	SBM	32.22	5/1/08	70-74
Beverly Montrella	MVN	41.40	4/27/23	75-79	50 Back	Mike Freshley	ROSE	33.19	4/28/16	75-79
Ruth Baar	SBM	54.71	4/22/04	80-84	50 Back	Jeff Farrell	SBM	38.40	4/27/17	80-84
Maurine Kornfeld	MVN	59.43	5/7/09	85-89	50 Back	Clarke Mitchell	LVM	39.18	4/25/19	85-89
Maurine Kornfeld	MVN	1:01.20	5/9/13	90-94	50 Back	Woody Bowersock	CM	49.21	2004	90-94
Rita Simonton	MVN	1:08.87	2/8/14	95-99	50 Back					95-99
Maurine Kornfeld	ROSE	1:23.23	3/20/22	100-104	50 Back					100-104

WOMEN					100 Back	MEN				
Danica Adams	ROSE	58.45	01/29/23	18-24	100 Back	Nelson Silva	ROSE	49.81	4/28/11	18-24
Mary Edwards	SLUG	56.28	5/13/99	25-29	100 Back	Tony Cox	GRA	48.98	4/16/16	25-29
Diane Graner-Gallas	SLUG	57.75	5/15/97	30-34	100 Back	Ryan Lochte	GRA	46.57	4/27/17	30-34
Diane Graner-Gallas	SLUG	58.93	5/13/99	35-39	100 Back	Jeff Natalizio	NOVA	47.86	4/27/17	35-39
Gretchen Caterson	SCA	1:00.83	4/28/11	40-44	100 Back	Chris Counts	LVM	53.32	4/27/17	40-44
Gretchen Caterson	SCA	1:02.05	5/9/13	45-49	100 Back	Jamie Fowler	NOVA	53.75	5/7/09	45-49
Lea Maurer	UC33	1:01.77	4/27/23	50-54	100 Back	Mike Irvin	RAA	54.26	4/27/17	50-54
Stacey Warmuth	VCM	1:06.59	4/23/15	55-59	100 Back	Kurt Dickson	GRA	59.52	3/31/23	55-59
Stacey Warmuth	VCM	1:07.89	4/27/17	60-64	100 Back	Dan Stephenson	ROSE	1:00.51	5/10/18	60-64
Mindy Dougherty	MVN	1:16.59	5/10/18	65-69	100 Back	Dan Stephenson	ROSE	1:01.59	4/28/22	65-69
Beverly Montrella	MVN	1:25.35	5/10/18	70-74	100 Back	Hubie Kerns	VCM	1:12.46	2/8/20	70-74
Beverly Montrella	MVN	1:32.21	3/12/23	75-79	100 Back	Mike Freshley	ROSE	1:13.62	5/22/16	75-79
Maxine Merlino	CM	2:02.29	1994	80-84	100 Back	Frank Piemme	LOST	1:31.62	4/11/08	80-84
Maurine Kornfeld	MVN	2:06.25	5/7/09	85-89	100 Back	Clarke Mitchell	LVM	1:26.38	4/25/19	85-89
Maurine Kornfeld	MVN	2:16.24	4/26/12	90-94	100 Back	Woody Bowersock	CM	1:49.22	2004	90-94
Maurine Kornfeld	ROSE	2:35.07	4/27/18	95-99	100 Back					95-99
Maurine Kornfeld	ROSE	2:54.93	4/16/23	100-104	100 Back					100-104

WOMEN					200 Back	MEN				
Susie Burt	ELSM	2:06.90	5/20/93	18-24	200 Back *	Nelson Silva	ROSE	1:48.10	4/28/11	18-24
				18-24	200 Back *	Forrest Beesley	LVM	1:48.10	4/25/19	18-24
Diane Graner	SCAQ	2:01.29	5/16/91	25-29	200 Back	Ralph Porrazzo	ROSE	1:48.79	4/28/22	25-29
Diane Graner-Gallas	SLUG	2:04.82	5/15/97	30-34	200 Back	Ralph Porrazzo	ROSE	1:48.41	4/27/23	30-34
Diane Graner-Gallas	SLUG	2:06.02	5/13/99	35-39	200 Back	Louis Vayo	CMAC	1:51.44	4/27/23	35-39
Gretchen Caterson	SCA	2:11.09	4/28/11	40-44	200 Back	Erik Hochstein	SCAQ	1:56.31	3/21/09	40-44
Jennifer Finotti-Sheppard	CVMM	2:17.62	04/27/23	45-49	200 Back *	Nicolas Granger	ROSE	1:53.97	4/28/16	45-49
				45-49	200 Back *	Rich Saeger	UC33	1:53.97	5/13/11	45-49
Ahelee Sue Osborn	MVN	2:17.70	5/7/09	50-54	200 Back	Kurt Dickson	GRA	2:01.28	5/10/18	50-54
Stacey Warmuth	VCM	2:24.63	4/23/15	55-59	200 Back	Kurt Dickson	GRA	2:05.95	4/27/23	55-59
Bonnie Spivey	LAPS	2:27.03	4/25/19	60-64	200 Back	Dan Stephenson	ROSE	2:10.27	4/27/18	60-64
Mindy Dougherty	MVN	2:40.28	4/8/18	65-69	200 Back	Dan Stephenson	ROSE	2:11.06	4/28/22	65-69
Beverly Montrella	MVN	3:11.66	4/27/18	70-74	200 Back	Hubie Kerns	VCM	2:35.39	2/8/20	70-74
Beverly Montrella	MVN	3:20.19	4/27/23	75-79	200 Back	Mike Freshley	ROSE	2:48.60	5/22/16	75-79
Peggy Sanborn	SBM	4:18.80	3/20/10	80-84	200 Back	Jurgen Schmidt	SBM	3:27.66	2003	80-84
Maurine Kornfeld	MVN	4:28.61	5/7/09	85-89	200 Back	Clarke Mitchell	LVM	3:24.35	4/25/19	85-89
Maurine Kornfeld	MVN	4:43.13	5/9/13	90-94	200 Back	Woody Bowersock	CM	4:09.89	2004	90-94
Maurine Kornfeld	ROSE	5:12.63	2/11/17	95-99	200 Back					95-99
Maurine Kornfeld	ROSE	6:17.15	4/16/23	100-104	200 Back					100-104

SOUTHERN PACIFIC MASTERS RECORDS
SHORT COURSE YARDS
As of 10/2/23

WOMEN					50 Breast	MEN				
Kara Denby	CSAM	29.01	4/25/10	18-24	50 Breast	Nicholas Korth	GRA	25.41	2/13/16	18-24
Brigitte Winkler	CMAC	29.31	4/27/23	25-29	50 Breast	Luke Pechmann	GRA	25.05	4/27/17	25-29
Wenke Hansen	OSB	29.83	4/27/00	30-34	50 Breast	Ed Moses	ROSE	24.84	4/28/11	30-34
Gabrielle Chang	SBM	29.52	4/27/17	35-39	50 Breast	Steve West	NOVA	25.35	5/20/10	35-39
Wenke Seider	OJAI	30.79	5/1/14	40-44	50 Breast	Steve West	NOVA	25.56	4/23/15	40-44
Gabrielle Rose	SBM	28.54	4/27/23	45-49	50 Breast	Steve West	NOVA	26.05	4/27/17	45-49
Sarah Condor-Fisher	MVN	32.25	4/27/23	50-54	50 Breast	Steve West	NOVA	26.20	4/28/22	50-54
Jenny Cook	UCLA	34.45	4/26/13	55-59	50 Breast	Carlo Travaini	MVN	26.32	4/25/19	55-59
Stacey Warmuth	VCM	36.87	3/5/17	60-64	50 Breast	Gerard Von Hoffmann	NOVA	29.23	4/28/16	60-64
Karen Melick	SCAQ	36.79	5/13/22	65-69	50 Breast	Robert Strand	ROSE	30.53	5/9/13	65-69
Beverly Montrella	MVN	44.78	3/5/17	70-74	50 Breast	Jeff Farrell	SBM	33.43	5/1/08	70-74
Beverly Montrella	MVN	46.12	2/19/22	75-79	50 Breast	Mike Freshley	ROSE	34.58	3/5/17	75-79
Rita Simonton	GWSC	55.19	1999	80-84	50 Breast	Frank Piemme	SBM	40.31	3/6/05	80-84
Marti Gogniat	CM	1:04.34	1997	85-89	50 Breast	Frank Piemme	LOST	42.72	3/7/10	85-89
Madeleine Miller	CM	1:39.67	4/21/01	90-94	50 Breast	James Pearce	CLVM	1:01.32	1/10/04	90-94
Maurine Kornfeld	ROSE	1:59.49	3/5/17	95-99	50 Breast					95-99
				100-104	50 Breast					100-104

WOMEN					100 Breast	MEN				
Amy Okada	RYL	1:04.03	4/27/23	18-24	100 Breast	Trevor Hoyt	MYST	54.38	12/3/14	18-24
Spindrift Beck	SCAQ	1:04.70	4/27/17	25-29	100 Breast	Steven Van Deventer	WH2O	54.99	4/25/19	25-29
Wenke Hansen	OSB	1:03.69	4/27/00	30-34	100 Breast	Ed Moses	ROSE	53.44	4/28/11	30-34
Cynthia Lewis	NOVA	1:03.46	4/14/12	35-39	100 Breast	Steve West	NOVA	55.46	5/20/10	35-39
Wenke Seider	OJAI	1:05.49	5/1/14	40-44	100 Breast	Steve West	NOVA	55.60	4/23/15	40-44
Gabrielle Rose	SBM	1:01.63	4/27/23	45-49	100 Breast	Steve West	NOVA	55.69	5/10/18	45-49
Trina Schaetz	NOVA	1:10.79	4/27/23	50-54	100 Breast	Steve West	NOVA	56.25	4/28/22	50-54
Jenny Cook	UCLA	1:14.29	4/26/13	55-59	100 Breast	Carlo Travaini	MVN	57.95	5/10/18	55-59
Andra Jaunzeme	WH2O	1:22.48	5/1/14	60-64	100 Breast	Carlo Travaini	MVN	58.98	4/27/23	60-64
Karen Melick	SCAQ	1:24.16	5/13/22	65-69	100 Breast	Robert Strand	ROSE	1:07.35	5/9/13	65-69
Beverly Montrella	MVN	1:40.23	3/26/17	70-74	100 Breast	Mike Freshley	ROSE	1:17.95	2/21/16	70-74
Beverly Montrella	MVN	1:42.05	3/12/23	75-79	100 Breast	Mike Freshley	ROSE	1:16.74	9/8/16	75-79
Rita Simonton	GWSC	2:07.78	4/3/99	80-84	100 Breast	Frank Piemme	SBM	1:31.02	3/20/05	80-84
Marti Gogniat	CM	2:23.57	1997	85-89	100 Breast	Frank Piemme	LOST	1:34.67	4/18/10	85-89
Rita Simonton	LOST	3:25.96	4/4/09	90-94	100 Breast	Jurgen Schmidt	MVN	2:17.04	3/17/13	90-94
				95-99	100 Breast					95-99
				100-104	100 Breast					100-104

WOMEN					200 Breast	MEN				
Sara Showalter	UC33	2:27.49	2002	18-24	200 Breast	Trevor Hoyt	MYST	1:55.82	12/3/14	18-24
Spindrift Beck	SCAQ	2:20.19	4/27/17	25-29	200 Breast	Steven Van Deventer	WH2O	2:00.30	4/25/19	25-29
Wenke Hansen	OSB	2:17.34	4/27/00	30-34	200 Breast	Brandon Fischer	GRA	1:53.54	3/2/23	30-34
Cynthia Lewis	NOVA	2:17.84	4/1/12	35-39	200 Breast	Steve West	NOVA	2:01.42	5/20/10	35-39
Wenke Seider	OJAI	2:25.57	5/1/14	40-44	200 Breast	Steve West	NOVA	2:00.53	5/1/14	40-44
Gabrielle Rose	SBM	2:15.72	4/27/23	45-49	200 Breast	Steve West	NOVA	2:02.42	4/27/17	45-49
Jenny Cook	SCAQ	2:39.92	4/24/09	50-54	200 Breast	Steve West	NOVA	2:03.67	4/28/22	50-54
Jenny Cook	UCLA	2:44.35	4/26/13	55-59	200 Breast	Carlo Travaini	MVN	2:07.80	5/10/18	55-59
Karen Melick	SCAQ	2:56.55	4/27/18	60-64	200 Breast	Carlo Travaini	MVN	2:10.08	4/27/23	60-64
Karen Melick	SCAQ	3:02.54	5/13/22	65-69	200 Breast	Robert Strand	ROSE	2:30.17	4/28/11	65-69
Jeanne Cambra-Brungard	PSP	3:39.14	4/28/22	70-74	200 Breast	Mike Freshley	ROSE	2:50.38	4/23/15	70-74
Rita Simonton	GWSC	4:04.18	1994	75-79	200 Breast	Mike Freshley	ROSE	2:45.33	4/28/16	75-79
Rita Simonton	GWSC	4:26.58	5/13/99	80-84	200 Breast	Frank Piemme	SBM	3:24.18	4/22/05	80-84
Rita Simonton	GWSC	5:19.61	2004	85-89	200 Breast	Frank Piemme	LOST	3:46.18	3/20/10	85-89
Luella Tyra	IHAC	11:48.36	1983	90-94	200 Breast	Jurgen Schmidt	MVN	5:03.59	4/7/13	90-94
				95-99	200 Breast					95-99
				100-104	200 Breast					100-104

SOUTHERN PACIFIC MASTERS RECORDS
SHORT COURSE YARDS

As of 10/2/23

WOMEN					50 Fly	MEN				
Amy Okada	RYL	24.75	4/27/23	18-24	50 Fly	Nicholas Korth	GRA	22.50	2/13/16	18-24
Katarzyna Wilk	LVM	24.82	5/10/18	25-29	50 Fly*	Tony Cox	GRA	21.20	4/16/16	25-29
Sarah Gibson	TRB	24.82	7/21/21	25-25	50 Fly*					25-29
Lyndsay Naish	FMT	25.89	4/27/23	30-34	50 Fly	Miguel Ortiz-Canavate Ozeki	GRA	21.61	4/27/23	30-34
Gabrielle Chang	SBM	25.15	4/27/17	35-39	50 Fly	Jeff Natalizio	NOVA	22.08	4/27/17	35-39
Wenke Seider	OJAI	25.96	5/1/14	40-44	50 Fly	Mario Marshall	GRA	22.35	4/27/23	40-44
Traci Granger	LAPS	26.78	5/17/07	45-49	50 Fly	Chuck Ponthier	LAPS	23.22	5/1/08	45-49
Traci Granger	LAPS	26.77	5/7/09	50-54	50 Fly	Peter Moore	NOVA	34.86	4/27/23	50-54
Traci Granger	LAPS	27.45	5/9/13	55-59	50 Fly	Carlo Travaini	MVN	24.81	4/25/19	55-59
Traci Granger	LAPS	27.93	5/10/18	60-64	50 Fly	Gerard Von Hoffmann	NOVA	25.99	4/28/16	60-64
Veronica Hibben	NOVA	30.96	3/20/22	65-69	50 Fly	Bruce Williams	VCM	26.61	4/25/19	65-69
Jeanne Little	MVN	39.51	5/7/10	70-74	50 Fly	Glenn Gruber	UC33	28.62	1/30/22	70-74
Jeanne Little	MVN	41.48	4/26/12	75-79	50 Fly	Mike Freshley	ROSE	28.99	1/14/17	75-79
Dionne Caldwell	NOVA	56.23	3/3/13	80-84	50 Fly	Frank Piemme	SBM	35.10	3/6/05	80-84
Maurine Kornfeld	MVN	1:14.21	3/18/07	85-89	50 Fly	Frank Piemme	LOST	39.89	3/7/10	85-89
Rita Simonton	LOST	1:18.23	4/24/09	90-94	50 Fly	Walter Pfeiffer	CM	50.44	3/21/04	90-94
Maurine Kornfeld	ROSE	1:49.45	3/5/17	95-99	50 Fly					95-99
				100-104	50 Fly					100-104

WOMEN					100 Fly	MEN				
Amy Okada	RYL	54.38	4/27/23	18-24	100 Fly	Jackson Odgers	NOVA	47.43	04/27/23	18-24
Sarah Gibson	TRB	56.24	7/21/21	25-29	100 Fly	Tony Cox	GRA	47.30	4/16/16	25-29
Wenke Hansen	OSB	56.87	5/14/02	30-34	100 Fly	Mario Marshall	GRA	48.45	4/16/16	30-34
Cynthia Lewis	NOVA	58.95	4/1/12	35-39	100 Fly	Mario Marshall	GRA	49.02	4/27/17	35-39
Wenke Seider	OJAI	57.88	5/1/14	40-44	100 Fly	Mario Marshall	GRA	49.36	4/27/23	40-44
Traci Granger	LAPS	1:00.84	5/19/05	45-49	100 Fly	Nicolas Granger	ROSE	50.98	4/23/15	45-49
Traci Granger	LAPS	1:00.28	5/7/09	50-54	100 Fly	James Ballard	WH2O	53.75	5/7/09	50-54
Traci Granger	LAPS	1:02.90	5/9/13	55-59	100 Fly	Brian Kelca	LAPS	56.69	4/27/17	55-59
Traci Granger	LAPS	1:03.59	4/25/19	60-64	100 Fly	David Sims	SBM	58.98	4/27/23	60-64
Veronica Hibben	NOVA	1:13.72	5/15/22	65-69	100 Fly	Dan Stephenson	ROSE	59.35	4/27/23	65-69
Beverly Montrella	MVN	1:43.96	3/12/23	70-74	100 Fly	Glenn Gruber	VCM	1:08.33	2/8/20	70-74
Maxine Merlino	LBM	2:01.82	1989	75-79	100 Fly	Mike Freshley	ROSE	1:13.72	3/26/17	75-79
Maxine Merlino	CM	2:16.09	1994	80-84	100 Fly	Frank Piemme	SBM	1:30.32	4/22/05	80-84
Katherine Pelton	IHAC	3:05.62	1991	85-89	100 Fly	Frank Piemme	LOST	1:41.31	4/18/10	85-89
				90-94	100 Fly	Walter Pfeiffer	CM	2:13.93	3/21/04	90-94
				95-99	100 Fly					95-99
				100-104	100 Fly					100-104

WOMEN					200 Fly	MEN				
Adelynn Peterson	SLOM	2:07.62	4/27/18	18-24	200 Fly	Mickey Mowry	ROSE	1:48.74	3/19/17	18-24
Hannenian Kissel	SLUG	2:05.21	5/13/99	25-29	200 Fly	Jacob Luna	UC33	1:48.51	4/27/23	25-29
Gennifer Anthor	LBSC	2:12.02	4/11/08	30-34	200 Fly	Peter Egan	SCAQ	1:49.52	5/13/94	30-34
Diana Philippi	CLVM	2:13.88	4/22/04	35-39	200 Fly	Peter Egan	SCAQ	1:51.41	5/13/99	35-39
Karen Schmidt	MVN	2:25.55	4/3/11	40-44	200 Fly	Mike Shaffer	VCM	1:53.00	5/7/09	40-44
Susanne Simpson	NOVA	2:18.31	5/17/07	45-49	200 Fly	Mike Shaffer	VCM	1:56.21	4/28/11	45-49
Traci Granger	LAPS	2:24.34	5/1/08	50-54	200 Fly	Mike Shaffer	VCM	1:59.90	4/27/17	50-54
Traci Granger	LAPS	2:23.87	5/9/13	55-59	200 Fly	Mike Shaffer	VCM	2:04.73	7/21/21	55-59
Traci Granger	LAPS	2:32.61	4/25/19	60-64	200 Fly	Tito Morales	UCLA	2:12.35	4/25/19	60-64
Christie Ciraulo	UCLA	2:50.88	2/9/19	65-69	200 Fly	Dan Stephenson	ROSE	2:21.54	2/19/22	65-69
Rita Simonton	GWSC	3:54.08	1991	70-74	200 Fly	Rick Miller	LGB	3:07.68	2/8/20	70-74
Maxine Merlino	LBM	4:19.43	1989	75-79	200 Fly	Mike Freshley	ROSE	2:58.65	4/2/16	75-79
Maxine Merlino	CM	4:49.35	1994	80-84	200 Fly	Walter Pfeiffer	CM	3:54.09	5/13/94	80-84
Katherine Pelton	IHAC	6:39.85	1991	85-89	200 Fly	Walter Pfeiffer	CM	4:30.52	5/1/99	85-89
				90-94	200 Fly	Walter Pfeiffer	CM	5:08.18	4/30/04	90-94
				95-99	200 Fly					95-99
				100-104	200 Fly					100-104

SOUTHERN PACIFIC MASTERS RECORDS
SHORT COURSE YARDS
As of 10/2/23

WOMEN					100 IM	MEN				
Kara Denby	CSAM	55.24	4/18/10	18-24	100 IM	Jackson Odgers	NOVA	50.16	4/27/23	18-24
Mary Edwards	SLUG	58.43	5/13/99	25-29	100 IM	Luke Pechmann	GRA	49.54	4/27/17	25-29
Wenke Hansen	OSB	58.10	5/14/02	30-34	100 IM	Ryan Lochte	GRA	47.71	4/27/17	30-34
Gabrielle Chang	SBM	57.25	4/27/17	35-39	100 IM	Jeff Natalizio	NOVA	49.01	4/27/17	35-39
Gabrielle Rose	SBM	56.20	4/27/23	40-44	100 IM	Markus Rogan	UCLA	50.30	4/27/23	40-44
Gretchen Catterson	SCA	1:02.38	5/9/13	45-49	100 IM	Nicolas Granger	ROSE	52.59	4/28/16	45-49
Ahelee Sue Osborn	MVN	1:03.72	5/7/09	50-54	100 IM	Mike Irvin	RAA	53.60	4/27/17	50-54
Traci Granger	LAPS	1:07.02	5/9/13	55-59	100 IM	Carlo Travaini	MVN	55.09	4/25/19	55-59
Stacey Warmuth	VCM	1:09.55	3/5/17	60-64	100 IM	Carlo Travaini	MVN	56.69	04/27/23	60-64
Veronica Hibben	NOVA	1:13.57	5/15/22	65-69	100 IM	Robert Strand	ROSE	1:02.86	4/26/12	65-69
Beverly Montrella	MVN	1:24.21	5/10/18	70-74	100 IM	Jeff Farrell	SBM	1:06.94	5/1/08	70-74
Beverly Montrella	MVN	1:28.62	4/27/23	75-79	100 IM	Mike Freshley	ROSE	1:08.68	9/18/16	75-79
Maxine Merlino	CM	1:59.73	1994	80-84	100 IM	Jeff Farrell	SBM	1:18.39	4/27/17	80-84
Rita Simonton	GWSC	2:11.23	4/30/04	85-89	100 IM	Frank Piemme	LOST	1:28.37	3/7/10	85-89
Rita Simonton	LOST	2:37.23	3/29/09	90-94	100 IM	Jurgen Schmidt	MVN	2:00.17	4/7/13	90-94
Maurine Kornfeld	ROSE	3:10.86	3/5/17	95-99	100 IM					95-99
				100-104	100 IM					100-104

WOMEN					200 IM	MEN				
Kara Denby	CSAM	2:02.35	4/18/10	18-24	200 IM	Trevor Hoyt	MYST	1:48.87	12/3/14	18-24
Wenke Hansen	OSB	2:06.96	5/13/99	25-29	200 IM	Jacob Luna	UC33	1:49.88	4/27/23	25-29
Wenke Hansen	OSB	2:05.59	4/27/00	30-34	200 IM	Ryan Lochte	GRA	1:44.21	4/27/17	30-34
Cynthia Lewis	NOVA	2:07.48	4/14/12	35-39	200 IM	Markus Rogan	UCLA	1:54.82	4/8/18	35-39
Wenke Seider	OJAI	2:09.39	5/1/14	40-44	200 IM	Marcus Rogan	UCLA	1:50.17	4/27/23	40-44
Gabrielle Rose	SBM	2:03.62	4/27/23	45-49	200 IM	Nicolas Granger	ROSE	1:51.44	4/23/15	45-49
Ahelee Sue Osborn	MVN	2:19.56	5/7/09	50-54	200 IM	Mike Irvin	RAA	1:58.19	3/9/17	50-54
Jenny Cook	UCLA	2:27.17	4/7/13	55-59	200 IM	Carlo Travaini	MVN	2:04.50	4/28/22	55-59
Bonnie Spivey	LAPS	2:31.14	4/25/19	60-64	200 IM	Carlo Travaini	MVN	2:05.24	4/27/23	60-64
Helen Cox	CVMM	2:54.46	4/27/23	65-69	200 IM	Doug Kajiwara	CVMM	2:16.32	6/5/22	65-69
Beverly Montrella	MVN	3:13.17	4/27/18	70-74	200 IM	Dick Stewart	MVN	2:39.43	4/18/10	70-74
Beverly Montrella	MVN	3:16.73	4/27/23	75-79	200 IM	Mike Freshley	ROSE	2:35.67	4/28/16	75-79
Maxine Merlino	CM	4:22.55	1994	80-84	200 IM	Frank Piemme	SBM	3:10.28	4/9/05	80-84
Rita Simonton	GWSC	4:46.35	4/22/04	85-89	200 IM	Frank Piemme	LOST	3:18.10	4/18/10	85-89
Rita Simonton	LOST	5:40.28	3/29/09	90-94	200 IM	Jurgen Schmidt	MVN	4:27.54	3/17/13	90-94
				95-99	200 IM					95-99
				100-104	200 IM					100-104

WOMEN					400 IM	MEN				
Maria Carlson	ROSE	4:33.43	2/8/20	18-24	400 IM	Trevor Hoyt	MYST	3:50.87	12/3/14	18-24
Wenke Hansen	OSB	4:29.39	5/13/99	25-29	400 IM	Alex Kostich	SCAQ	4:05.26	5/2/98	25-29
Dawn Heckman	ROSE	4:30.81	2/5/11	30-34	400 IM	Brandon Fischer	GRA	3:54.13	4/27/23	30-34
Cynthia Lewis	NOVA	4:35.29	4/28/11	35-39	400 IM	Carl Larsen	WH2O	4:14.39	5/1/14	35-39
Karen Schmidt	MVN	4:50.31	5/13/11	40-44	400 IM	Erik Hochstein	SCAQ	4:13.85	3/21/09	40-44
Laurie Dodd	UCLA	5:05.60	1/13/19	45-49	400 IM	Nicolas Granger	ROSE	4:01.32	4/23/15	45-49
Ahelee Sue Osborn	MVN	4:56.39	5/7/09	50-54	400 IM	Mark Magee	GRA	4:29.01	5/10/18	50-54
Jenny Cook	UC33	5:17.06	4/12/14	55-59	400 IM	Mike Shaffer	VCM	4:36.03	7/21/21	55-59
Bonnie Spivey	LAPS	5:16.94	3/17/19	60-64	400 IM	Tito Morales	UCLA	4:45.94	4/25/19	60-64
Christie Ciraulo	UCLA	6:07.33	1/13/19	65-69	400 IM	Dan Stephenson	ROSE	5:00.43	2/19/22	65-69
Beverly Montrella	MVN	7:15.12	2/3/18	70-74	400 IM	Mike Freshley	ROSE	5:56.08	3/15/15	70-74
Beverly Montrella	MVN	7:19.62	1/29/23	75-79	400 IM	Mike Freshley	ROSE	5:43.80	4/14/16	75-79
Maxine Merlino	CM	9:08.06	1994	80-84	400 IM	Frank Piemme	SBM	6:52.79	4/9/05	80-84
Katherine Pelton	IHAC	12:35.60	1991	85-89	400 IM	Jurgen Schmidt	LOST	8:36.18	4/11/08	85-89
				90-94	400 IM	Walter Pfeiffer	CM	10:10.57	4/30/04	90-94
				95-99	400 IM					95-99
				100-104	400 IM					100-104

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